Hi GO Long Europe Students,

With the news of coronavirus spreading more in Europe, we wanted to reach out to you.

For all students, we highly recommend that you limit weekend travel due to the increased spread of the virus throughout Europe. This situation is extremely fluid, and we have no idea if countries will place additional border restrictions and/or quarantine requirements on travelers.

Please consider using more of your remaining weekends really getting to know different parts of your host area that you're like to miss otherwise.

Additionally, this is a reminder to:

- EXERCISE INCREASED CAUTION as this is a fluid situation and the governments are updating their travel advisories frequently.
- If students do travel: REGISTER travel on the GO portal (GMS). BE PREPARED for possible delays bring extra glasses/contacts, medicine, phone chargers, and clothing in case you get delayed on your travels or encounter possible delays.
- PRACTICE safe hygiene
 - WASH your hands frequently, use an alcohol-based HAND SANITIZER.
 - Cough/sneeze into your sleeve or a tissue, dispose of used tissues appropriately.
 - Clean surfaces with disinfectants regularly.
 - Avoid close contact with people who show flu-like symptoms.
- If you have flu symptoms (fever, cough, difficulty breathing), to contact local health authorities via phone and wait for information while self-quarantine. Please also contact your on-site staff via phone.

We are following university protocols to manage major health and safety issues. We continue to closely monitor this situation with additional reliance on local partners including the local government and the U.S. Embassy. We are also following the guidelines of the U.S. Department of State, the World Health Organization (WHO), the Centers for Disease Control, and our international insurance.

Best, Scott Manning, Dean of Global Programs Molly Roe, Director of GO Ariana Stuhl, Study Away Advisor